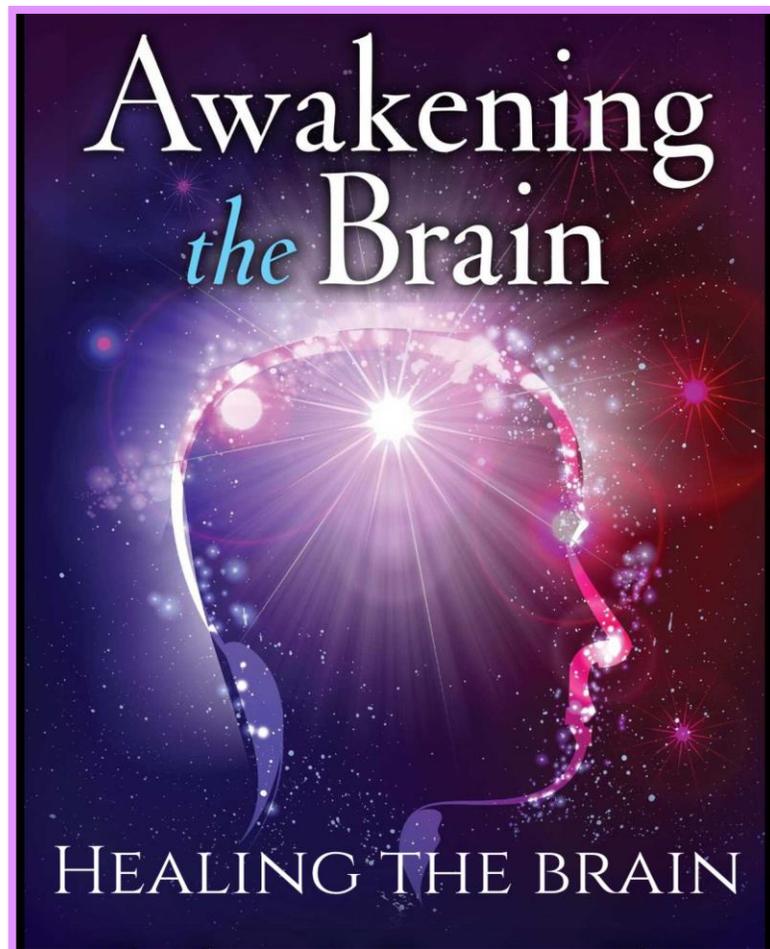


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***Despite what you may have heard.... You can recover from Alzheimer's and Dementia.***

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*Our mission is to help Alzheimer's patients reverse cognitive decline and prevent Alzheimer's from developing in those with concerning risk factors.*



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# Introduction

Dementia is a big problem and growing every day. Ten percent of 65-year olds, 25 percent of 75-year olds, and 50 percent of 85-year olds will get Alzheimer's disease. Worse, the number of people with Alzheimer's is predicted to triple in the next few decades.

I believe this preventable, that we can slow this trend and even reverse it. In a moment, I will tell you how.

Talking about serious memory issues such as Alzheimer's disease and dementia, what we're really talking about without realizing it are toxic heavy metals in the brain, the most common being mercury and aluminum, with close runners-up of copper, nickel, cadmium, lead, and arsenic.

Heavy metals are a major contributor to these issues and they can prevent anyone, from getting well.

## Your Simple 4-Step Plan

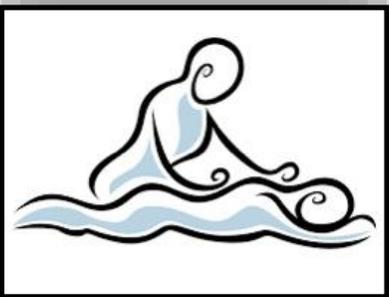
I know how the **overwhelming** amount of information out there can leave you feeling insecure about who to trust and like you might never stumble on the answer.

But I believe you deserve to have a simple holistic plan that will help yourself/parent naturally recover from the symptoms of Alzheimer's without going broke paying for harmful medications. We work towards this recovery through **four simple phases**



### **Phase One** : Diet & Natural heavy metal detoxification.

Learn how to remove heavy metals from your body without causing further harm.



### **Phase Two**: Chinese Qigong massage for Alzheimer's

Learn how Chinese Qigong massage works deeply to repair all levels of disrepair in the brain & body.



### **Phase Three: Chinese Qigong Exercises**

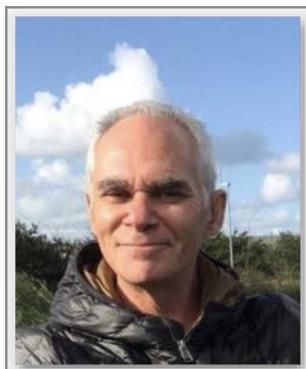
Chinese medical prescription exercises, not only help you recover from Alzheimer's but also from any other ailments you may have.



### **Phase Four: Brain support and repair**

Not only will you learn the right foods for brain health, but also specialized brain exercises that awaken your brain and rebalance the brain's chemicals, vital for your survival.

## **About**



Alan Olivier started his journey into alternative healthcare in the 1970's

At *The Kushi Institute* Boston Massachusetts..

To further his studies Alan travelled to and lived in the east for over 20 years .

- ❖ Chinese herbal medicine in Taipei Taiwan
- ❖ Chinese qigong and medical qigong in Taipei Taiwan
- ❖ Japanese Esoteric Buddhism in Kyoto Japan
- ❖ Chinese herbal preparations and uses in Japan
- ❖ Taoist Self healing qigong repair system with Taoist Master Liang of Shanghai
- ❖ Specialized myoskeletal alignment Taoist bodywork

including qigong medical treatment. Shanghai China with Taoist master Liang.

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## **Services**

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We focus on the Chinese medical qigong methods of reversing cognitive decline and improving brain health. Though this protocol is quite detailed, it is broken down into action steps that can be easy to follow. Our work with patients is probably quite different to what you might be accustomed to. We NEED for you to be an active participant in your health journey. This is definitely not a passive program.

**For individual training and support**

Please send an inquiry to Alan  
email: [oliviera369@gmail.com](mailto:oliviera369@gmail.com)