

# Chinese myoskeletal uitlijning

*Ze lachten toen ik zei dat ik haar negen jaar durende schouderpijn kan verlichten  
..... Maar hun gelach veranderde binnen 20 minuten al gauw in verbazing.*

Hervorming van de structuur door het skelet, de spieren, pezen en fascia weer op één lijn te brengen.

Een uniek lichaamssysteem dat begint bij de botten en geleidelijk elke weefsel laag bewerkt. Meridianen, spieren, pezen, bloedvaten, huid.

Voor alle aandoeningen; van structurele moeilijkheden tot chronische ziekten.

Verbeterde fysieke mobiliteit.

- ☉ Verbeterde houding
- ☉ Verlichting van stress en spanning
- ☉ Verlichting van alle gewrichtsongemakken en pijn.
- ☉ Verlichting van bursitis
- ☉ Verlichting van chronische verwondingen
- ☉ Scoliose
- ☉ chronische ziekte
- ☉ auto-immuunziekte

bel Alan Olivier 031 0626861815



# Chinese myoskeletal Bodywork

*Creating space for healing to take place*

***They laughed when I said I can relieve her nine year old shoulder pain  
.....but their laughter turned to amazement after 20 minutes***

Anna had an accident 9 years ago and no matter what she tried nothing really helped heal her shoulder pain, of course she doubted I could really help ...but after 20 minutes she cried out in amazement, " I can lift my arm "

Many other cases such as Anna have been helped with Taoist body work methods, Lisa from Denmark, with chronic knee pain, after one treatment, was pain-free for the first time in 3 years

Others have had their chronic knee and wrist pain relieved after a single session ..

What is the secret ?

Chinese system of Structural Alignment ..not only aligning of the skeletal structure, but aligning of the muscles, tendons, ligaments even the veins and arteries as well as the meridians need to be aligned.

How can you align your body ?

You have two options

1. Structural alignment therapy session
2. Join a class and learn the exercises

## **1. Chinese Structural alignment Therapy.**

Reshaping the structure by placing the skeleton the muscles tendons and fascia back into alignment.

A unique body system starting from the bones and progressively working upward through each layer of tissue to aligning opening clearing.

Not only for structural issues, but for all conditions

## **2. Medical qigong;**

Using energetic healing protocols to purging toxic energy then to tonify, finally to regulate the energy flow.

## **3. Prescription exercises,**

energetic exercises tailored for your unique condition.

## **4. Special Chinese Heat therapy**

The heated steel ball naturally penetrates deep into the body breaking up cold stagnation in the joints muscles and internal organs,

Besides the amazing effects of this heat therapy.

One outstanding feature, is that it effectively breaks up and dissolves plague build in the veins and arteries.